



- Is your final battle with the villain a physical fight, or are you fighting with your mind?
- What do you notice about your surroundings?
- What do you feel, either with your body or with your emotions?
- How do you feel when the battle is over?

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.